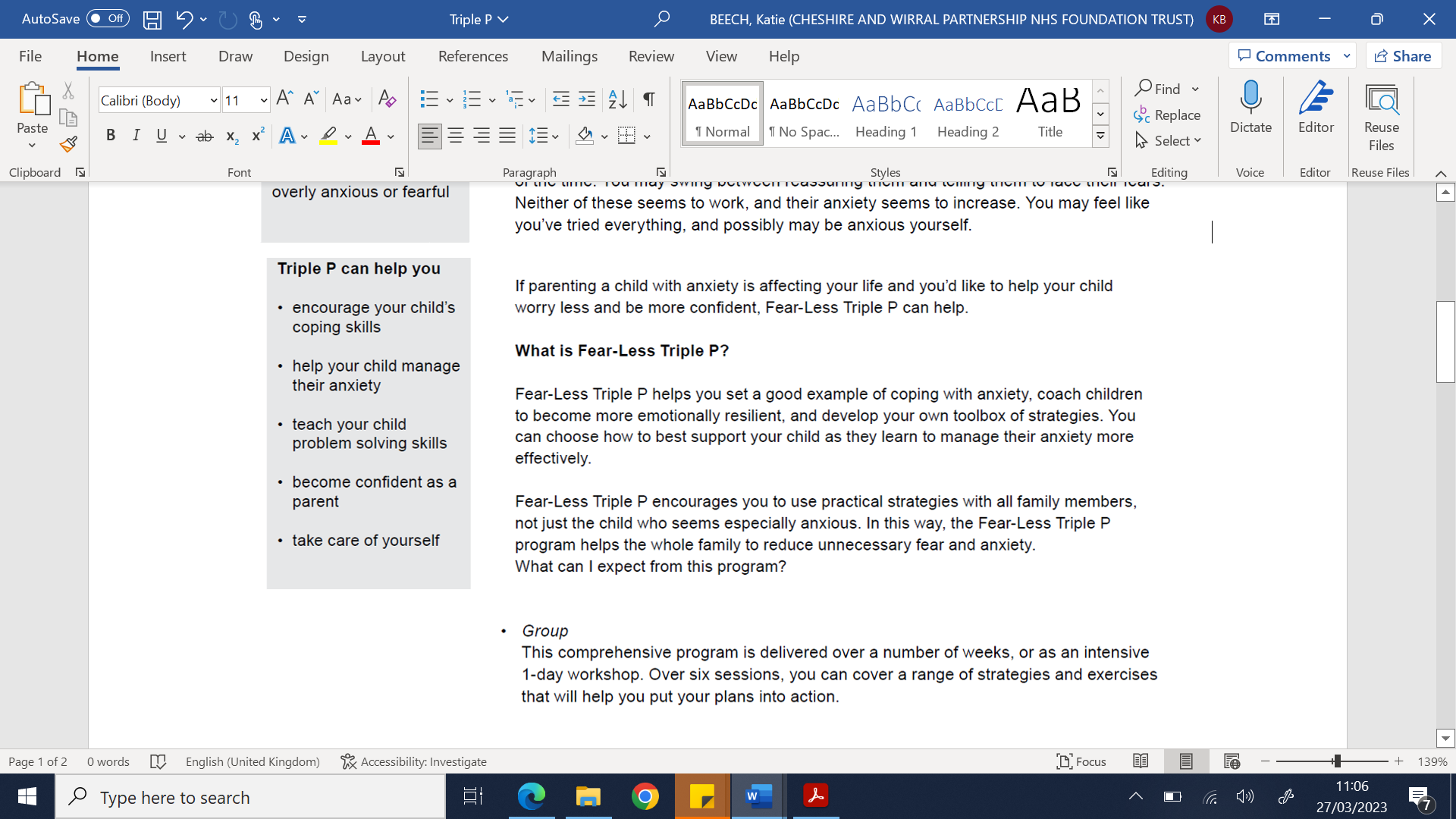
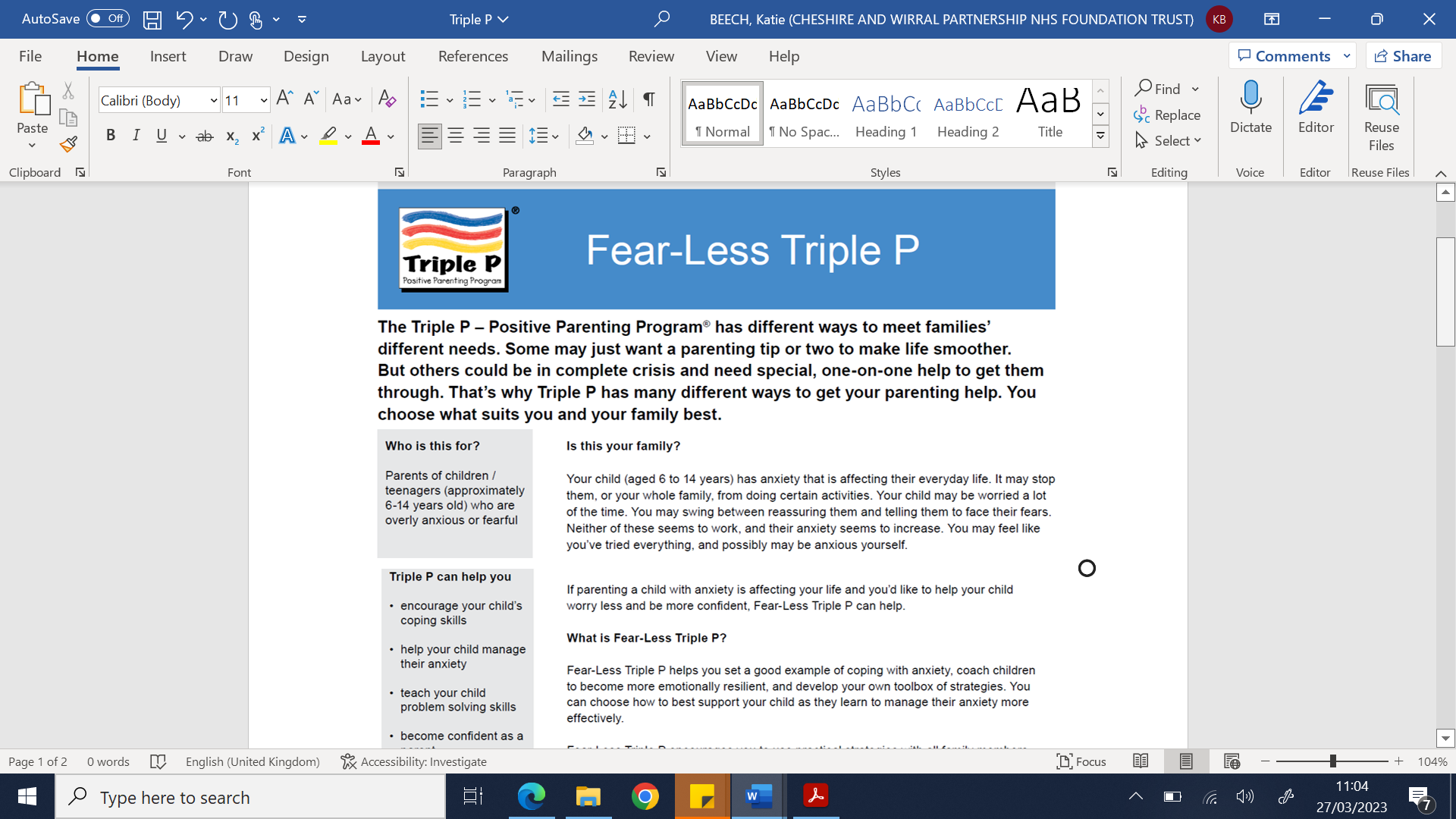
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| **Group Fear-Less Triple P**  **Help your child / teenager  break free from anxiety**  **New positive parenting 2 day workshop starts soon…** | |
| DATE  TIME  VENUE  PRESENTER | Wednesday 26th July & Thursday 27th July  2 half day sessions 9.30am – 12.30  Northwich Fire Station , Braddon Close, Northwich , CW9 8HQ  Cheshire Mental Health Support Team (MHST) |
| Please be aware places are limited. This workshop is for parents only and we do not offer childcare facilities. Tea and coffee will be provided.  If you would like to attend this workshop please email **cwp.cheshiremhstadmin@nhs.net** to inform us of your attendance, your child’s name and the name of your child’s school. | |



**Group**

**This comprehensive program is delivered via two half day workshops covering a range of strategies and exercises that will help you put your own family plans into action.**

**Cheshire**

**Mental Health Support Team (MHST)**