



TOPIC	<u>Learning Objectives</u>	Year Group	Platform (RE, Science, Food Tech, Computing, PE, Pastoral Curriculum/PSHCE (RSHE))	Term (Advent1, Advent2, Lent1, Lent2, Pentecost1, Pentecost2)	SEQA (Student Voice, Staff voice)
Families	<p>Students should know</p> <ul style="list-style-type: none"> • that there are different types of committed, stable relationships. • how these relationships might contribute to human happiness and their importance for bringing up children. • what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. • why marriage is an important relationship choice for many couples and why it must be freely entered into. • the characteristics and legal status of other types of long-term 	<p>7</p> <p>7</p> <p>10 7</p> <p>10 13</p> <p>9</p>	<p>RE (Advent 1), PC (Advent 1)</p> <p>RE, PC</p> <p>RE RSHE TENTEN: Where we come from</p> <p>RE Ethics</p> <p>RSHE TENTEN: Marriage</p>	<p>Advent 1 Advent 1</p> <p>Lent 2</p> <p>Lent Pentecost 2</p> <p>Lent</p> <p>Pentecost 1</p>	



St Nicholas Catholic High School RSHE 2020-22

	<p>relationships.</p> <ul style="list-style-type: none"> the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting. how to determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed. 	<p>10</p> <p>10</p> <p>8</p> <p>10</p> <p>7</p> <p>8</p>	<p>RE</p> <p>RSHE TENTEN: Parenthood</p> <p>PSHCE Year 1 PSHCE Year 1</p> <p>RSHE TENTEN: My life on screen</p> <p>RSHE TENTEN: Wider World</p>	<p>Lent</p> <p>Lent 2</p> <p>Advent 1 Lent 2</p> <p>Lent 1</p> <p>Lent 1</p>	
<p>Respectful relationships, including friendships</p>	<p>Students should know</p> <ul style="list-style-type: none"> the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship. practical steps they can take in a range 	<p>7</p> <p>9</p> <p>10</p> <p>7</p>	<p>RSHE TENTEN: Healthy Inside and Out Family and Friends</p> <p>RSHE TENTEN: In control of my choices</p> <p>RSHE TENTEN: Authentic Freedom</p> <p>RSHE TENTEN: Living Responsibly</p>	<p>Advent 1</p> <p>Advent 2 Lent 1</p> <p>Advent 1</p> <p>Lent 2</p>	



St Nicholas Catholic High School RSHE 2020-22

	<p>of different contexts to improve or support respectful relationships.</p> <ul style="list-style-type: none"> • how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice). • that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs. • about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help. • that some types of behaviour within relationships are criminal, including violent behaviour and coercive control. • what constitutes sexual harassment and sexual violence and why these are 	<p>8 10 8</p> <p>7 8</p> <p>All 8 8</p> <p>9</p> <p>10</p> <p>9</p>	<p>RE RE RSHE TENTEN: Tough Relationships</p> <p>RE RSHE TENTEN: Tough Relationships/Wider World</p> <p>Sacred Space Anti- Bullying Week RSHE TENTEN: Appreciating Difference/Wider World RSHE TENTEN: Love people use things RSHE TENTEN: Beliefs, Values, Attitudes RSHE TENTEN: One hundred percent</p>	<p>Lent 1 Pentecost Lent 1 Advent 1 Lent 1 Pentecost 1</p> <p>Advent 2 Lent Advent 2 Pentecost 1</p> <p>Lent 1</p> <p>Lent 1 Pentecost 2</p> <p>Pentecost 2</p> <p>Pentecost 2 Advent 2</p>	
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	<p>always unacceptable.</p> <ul style="list-style-type: none"> the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal. 	7	RSHE TENTEN: Living Responsibly		
		9	RSHE TENTEN: Knowing my rights and responsibilities.		
		10	RSHE TENTEN: Vision		
Online and media	<p>Students should know</p> <ul style="list-style-type: none"> their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online. about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online. not to provide material to others that they would not want shared further and not to share personal material which is 	8	RSHE TENTEN: Think before you share	Lent 2	
		7	RSHE TENTEN: M my life on screen	Lent 1	
		8	RSHE TENTEN: Think before you share	Lent 2	
		10	RSHE TENTEN: Abuse	Pentecost 1	
		8	RSHE TENTEN: Think before you share	Lent 2	



St Nicholas Catholic High School RSHE 2020-22

	<p>sent to them.</p> <ul style="list-style-type: none"> what to do and where to get support to report material or manage issues online. the impact of viewing harmful content. that specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners. that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail. how information and data is generated, collected, shared and used online. 	<p>9</p> <p>8</p> <p>9</p> <p>10</p> <p>10</p>	<p>RSHE TENTEN: Knowing my Rights and Responsibilities</p> <p>RSHE TENTEN: Think before you share</p> <p>RSHE TENTEN: Love people use things</p> <p>RSHE TENTEN: Abuse</p> <p>PSHCE Year 1</p>	<p>Pentecost 2</p> <p>Lent 2</p> <p>Advent 2</p> <p>Pentecost 1</p> <p>Pentecost 2</p>	
Being safe	<p>Students should know</p> <ul style="list-style-type: none"> the concepts of, and laws relating to, 	<p>9</p>	<p>RSHE TENTEN: One</p>	<p>Pentecost 2</p>	



St Nicholas Catholic High School RSHE 2020-22

	<p>sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.</p> <ul style="list-style-type: none"> how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). 	<p>10</p> <p>10</p> <p>10</p>	<p>Hundred Percent</p> <p>RSHE Abuse TENTEN: Solidarity</p> <p>RSHE Authentic Freedom TENTEN:</p>	<p>Pentecost 1</p> <p>Pentecost 2</p> <p>Advent 1</p>	
<p>Intimate and sexual relationships, including sexual health</p>	<p>Students should know</p> <ul style="list-style-type: none"> how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship. that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing. the facts about reproductive health, including fertility (Year 11 Hormones topic) , and the potential 	<p>10</p> <p>12</p> <p>7</p> <p>8</p> <p>9</p> <p>11</p> <p>9</p>	<p>RE what makes a healthy relationship?</p> <p>SME</p> <p>RSHE Vision Session 4 TENTEN: Feelings</p> <p>RSHE TENTEN: The search for love/Use things love people</p> <p>Biology RSHE Fertility TENTEN: and</p>	<p>Advent 1</p> <p>Lent 1</p> <p>Advent 2 Advent 1 Advent 2</p> <p>Term 2 Lent 2</p>	



St Nicholas Catholic High School RSHE 2020-22

	<p>impact of lifestyle on fertility for men and women and menopause (Yr 11 hormones).</p> <ul style="list-style-type: none"> that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others. that they have a choice to delay sex or to enjoy intimacy without sex. the facts about the full range of contraceptive choices, efficacy and options available (Year 11 hormones topic). the facts around pregnancy (Yr 7 reproduction) including miscarriage (mentioned in passing in Yr 7 reproduction if member of staff is comfortable talking about it, often comes up in questions asked by students) that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion (mentioned in relation to embryo screening in (Yr 11 inheritance) for genetic disorders as a potential option should a disease be 	<p>10</p> <p>8</p> <p>11</p> <p>9</p> <p>7</p> <p>8</p> <p>11</p> <p>8</p> <p>10</p>	<p>contraception</p> <p>RE: Concept of Sexual Relationships within marriage RSHE TENTEN: Feelings Biology – Nerves and hormones</p> <p>RSHE TENTEN: Fertility and Contraception</p> <p>Reproduction RSHE TENTEN: Before I was Born</p> <p>Biology – Genetics and inheritance</p> <p>RSHE TENTEN: Before I was Born RSHE TENTEN: Pregnancy and</p>	<p>Advent 2</p> <p>Lent 1</p> <p>Lent 2</p> <p>Term 2 Lent 1</p> <p>Differs – see dept schedule Lent 1</p> <p>Lent 2</p>	
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St Nicholas Catholic High School RSHE 2020-22

	<p>discovered) and where to get further help).</p> <ul style="list-style-type: none"> • how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing. • about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment. • how the use of alcohol and drugs can lead to risky sexual behaviour. • how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment. 	<p>10</p> <p>10</p> <p>7 9 11</p> <p>10</p>	<p>Abortion</p> <p>Biology - NCD</p> <p>Biology – NCD</p> <p>PSHCE – Year 1</p> <p>Biology - NCD</p>	<p>Lent 2</p> <p>Lent 2</p> <p>Pentecost 2 Pentecost 1 Lent 1 Lent 2</p>	
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St Nicholas Catholic High School RSHE 2020-22

Mental wellbeing	<p>Students should know</p> <ul style="list-style-type: none"> how to talk about their emotions accurately and sensitively, using appropriate vocabulary. that happiness is linked to being connected to others. how to recognise the early signs of mental wellbeing concerns. common types of mental ill health (e.g. anxiety and depression). how to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health. the benefits and importance of physical 	<p>All</p> <p>8</p> <p>12</p> <p>8</p> <p>9</p> <p>10</p> <p>12</p>	<p>Sacred Space – World Mental Health Awareness Week Sacred Space - Anti-Bullying week Sacred Space Mental Health Awareness week RSHE TENTEN:Feelings</p> <p>SME</p> <p>PSHCE Year 1</p> <p>PSHCE Year 1</p> <p>PSHCE</p> <p>SME</p>	<p>Advent 1</p> <p>Advent 2</p> <p>Pentecost 1</p> <p>Lent 1 Advent 1</p> <p>Pentecost 2 Lent 1</p> <p>Mission Day</p> <p>Advent 1</p>	



St Nicholas Catholic High School RSHE 2020-22

	exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness				
Internet safety and harms	Students should know				
	<ul style="list-style-type: none"> the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), 	7	RSHE TENTEN: My life on screen	Pentecost 1	
	<ul style="list-style-type: none"> how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online. 	8	RSHE TENTEN: Think before you share	Lent 2	
	<ul style="list-style-type: none"> how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find 	8	RSHE TENTEN: Think before you share	Lent 2	
		7	RSHE TENTEN: My life on screen	Pentecost1	
	All 8	RSHE TENTEN: Appreciating Difference Tough Relationship	Advent 2		



St Nicholas Catholic High School RSHE 2020-22

	support, if they have been affected by those behaviours.				
Physical health and fitness	Students should know				
	<ul style="list-style-type: none"> the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress. 	7	RSHE TENTEN: Self Esteem	Advent 1	
	<ul style="list-style-type: none"> the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardio-vascular ill-health (Yr 9 non-communicable disease and Yr 10 mass transport) 	9	Science – Non-communicable disease	Varies – see dept schedule	
	<ul style="list-style-type: none"> about the science relating to blood (but could be added), organ (Yr 10 mass transport/Yr 11 Homeostasis separates only) and stem cell donation (Yr 11 inheritance) 	10	Biology Transport Mass	Term 1	
		10	Biology Transport Mass	Term 1	
		11	Biology – Genetics and Inheritance	Term 1	
Healthy eating	Students should know				
	<ul style="list-style-type: none"> how to maintain healthy eating and the links between a poor diet and health risks (Yr 8 digestion and Yr 9 non-communicable disease), including tooth decay and cancer (mentioned in Yr 9 non-communicable disease but not v 	8	Science – Digestion and breathing	Varies – see dept. Schedule	
		9	Science - NCD	As above	



St Nicholas Catholic High School RSHE 2020-22

	detailed)				
Drugs, alcohol and tobacco	<ul style="list-style-type: none"> the physical and psychological risks associated with alcohol consumption (Yr 9 non communicable disease) and what constitutes low risk alcohol consumption in adulthood(but could be added to Yr 9 non-communicable disease) 	9	Science – NCD	Varies – see dept schedule	
	<ul style="list-style-type: none"> the physical and psychological consequences of addiction, including alcohol dependency. 	7	PSHCE Year 1	Pentecost 2 Pentecost 2	
	<ul style="list-style-type: none"> awareness of the dangers of drugs which are prescribed but still present serious health risks. 	10	PSHCE Year 1		
	<ul style="list-style-type: none"> the facts about the harms from smoking tobacco (particularly the link to lung cancer)(Yr 9 non-communicable disease), the benefits of quitting and how to access support to do so. 	9	Science - NCD	Varies – see dept schedule	



St Nicholas Catholic High School RSHE 2020-22

Health and Prevention	Students should know				
	<ul style="list-style-type: none"> about personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics. (Yr 10 communicable disease) 	10	Biology communicable disease	–	Autumn 2
	<ul style="list-style-type: none"> about dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist. 	7	PSHCE Year 1		Advent 1
	<ul style="list-style-type: none"> (late secondary) the benefits of regular self-examination and screening. 	9	PSHCE Year 1		Pentecost 2
	<ul style="list-style-type: none"> the facts and science relating to immunisation and vaccination.(Yr 10 communicable disease) 	10	Biology communicable disease	–	Term 2
	<ul style="list-style-type: none"> the importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn. 	10	PSHCE Year 1		Lent 2



St Nicholas Catholic High School RSHE 2020-22

Basic first aid	Students should know				
	<ul style="list-style-type: none"> • basic treatment for common injuries. 	9	PSHCE – Year 1	Pentecost 2	
	<ul style="list-style-type: none"> • life-saving skills, including how to administer CPR. 	10	PSHCE – Year 1	Advent 1	
Changing adolescent body	Students should know				
	<ul style="list-style-type: none"> • key facts about puberty, the changing adolescent body and menstrual wellbeing. (Yr 7 reproduction and Yr 11 hormones) 	7	Science RSHE TENTEN:Changing Bodies	Varies – see dept schedule Pentecost 2	
	<ul style="list-style-type: none"> • the main changes which take place in males and females, and the implications for emotional and physical health.(Yr 7 reproduction and Yr 11 hormones) 	11 Same as above for yr 7/11	Biology – nerves and hormones	Term 2	