



TOPIC	<u>Learning Objectives</u>	Year Group	Platform (RE, Science, Food Tech, Computing, PE, Pastoral Curriculum/PSHCE (RSHE))	Term (Advent1, Advent2, Lent1, Lent2, Pentecost1, Pentecost2)
Families	<p>Students should know</p> <ul style="list-style-type: none"> that there are different types of committed, stable relationships including LGBT and the protected characteristics of some of these relationships. how these relationships might contribute to human happiness and their importance for bringing up children. what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. why marriage is an important relationship choice for many couples and why it must be freely entered into. the characteristics and legal status 	<p>7 7-13 7 10 7 10 13 9</p>	<p>RE (Advent 1), PC (Advent 1) Assemblies and Mission Days RE, PC RE RSHE TENTEN: Where we come from RE Ethics</p>	<p>Advent 1 Advent 1 Advent 1 Lent 2 Lent Pentecost 2 Lent Pentecost 1</p>



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	<p>of other types of long-term relationships.</p> <ul style="list-style-type: none"> the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting. how to determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed. 	<p>10</p> <p>10</p> <p>8</p> <p>10</p> <p>7</p> <p>8</p>	<p>RSHE TENTEN: Marriage</p> <p>RE</p> <p>RSHE TENTEN: Parenthood</p> <p>PSHCE Year 1 PSHCE Year 1</p> <p>RSHE TENTEN: My life on screen</p> <p>RSHE TENTEN: Wider World</p>	<p>Lent</p> <p>Lent 2</p> <p>Advent 1 Lent 2</p> <p>Lent 1</p> <p>Lent 1</p>
<p>Respectful relationships, including friendships</p>	<p>Students should know</p> <ul style="list-style-type: none"> the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship. 	<p>7</p> <p>9</p> <p>10</p>	<p>RSHE TENTEN: Healthy Inside and Out Family and Friends</p> <p>RSHE TENTEN: In control of my choices</p> <p>RSHE TENTEN: Authentic Freedom</p> <p>RSHE TENTEN:</p>	<p>Advent 1</p> <p>Advent 2 Lent 1</p> <p>Advent 1</p> <p>Lent 2</p>



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	<ul style="list-style-type: none"> practical steps they can take in a range of different contexts to improve or support respectful relationships. 	7	Living Responsibly	
	<ul style="list-style-type: none"> how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice). 	8 10 8	RE RE RSHE TENTEN: Tough Relationships	Lent 1 Pentecost Lent 1 Advent 1 Lent 1 Pentecost 1
	<ul style="list-style-type: none"> that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs. 	7 8	RE RSHE TENTEN: Tough Relationships/Wider World	Advent 2 Lent Advent 2 Pentecost 1 Lent 1
	<ul style="list-style-type: none"> about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help. 	All 8 8	Sacred Space Anti-Bullying Week RSHE TENTEN: Appreciating Difference/Wider World	Lent 1 Pentecost 2
	<ul style="list-style-type: none"> that some types of behaviour within relationships are criminal, including violent behaviour and coercive control. 	9 10	RSHE TENTEN: Love people use things RSHE TENTEN: Beliefs, Values, Attitudes	Pentecost 2 Pentecost 2
	<ul style="list-style-type: none"> what constitutes sexual harassment 			Pentecost 2



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	<p>and sexual violence and why these are always unacceptable.</p> <ul style="list-style-type: none"> the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal. 	<p>9 7 9 10</p>	<p>RSHE TENTEN: One hundred percent Assemblies- Sexual Harassment [Whole School]</p> <p>RSHE TENTEN: Living Responsibly</p> <p>RSHE TENTEN: Knowing my rights and responsibilities.</p> <p>RSHE TENTEN: Vision Assemblies whole school Sept 2022- Pastoral Curriculum.</p>	<p>Advent 2</p>
<p>Online and media</p>	<p>Students should know</p> <ul style="list-style-type: none"> their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online. about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material 	<p>8 7 8</p>	<p>RSHE TENTEN: Think before you share</p> <p>RSHE TENTEN: M my life on screen</p> <p>RSHE TENTEN: Think before you share</p>	<p>Lent 2 Lent 1 Lent 2</p>



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	placed online.	10	RSHE Abuse	TENTEN:	Pentecost 1
	<ul style="list-style-type: none"> not to provide material to others that they would not want shared further and not to share personal material which is sent to them. 	8	RSHE Think share	TENTEN: before you	Lent 2
	<ul style="list-style-type: none"> what to do and where to get support to report material or manage issues online. 	9	RSHE Knowing my Rights and Responsibilities	TENTEN:	Pentecost 2
	<ul style="list-style-type: none"> the impact of viewing harmful content. 	8	RSHE Think share	TENTEN: before you	Lent 2
	<ul style="list-style-type: none"> that specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners. 	9	RSHE Love things	TENTEN: people use	Advent 2
	<ul style="list-style-type: none"> that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail. 	10	RSHE Abuse	TENTEN:	Pentecost 1
	<ul style="list-style-type: none"> how information and data is generated, collected, shared and used online. 	10	PSHCE Year 1		Pentecost 2



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Being safe	<p>Students should know</p> <ul style="list-style-type: none"> the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships. how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). 	9	RSHE TENTEN: One Hundred Percent	Pentecost 2
		10	RSHE TENTEN: Abuse	Pentecost 1
		10	RSHE TENTEN: Solidarity	Pentecost 2
		10	RSHE TENTEN: Authentic Freedom	Advent 1
Intimate and sexual relationships, including sexual health	<p>Students should know</p> <ul style="list-style-type: none"> how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship. that all aspects of health can be affected by choices they make in sex 	10	RE what makes a healthy relationship?	Advent 1
		12	SME	
		7	RSHE TENTEN: Vision Session 4	Lent 1
		8	Feelings	
		9	RSHE TENTEN: The search for love/Use things love people	Advent 2 Advent 1



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	and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.			Advent 2
	<ul style="list-style-type: none"> the facts about reproductive health, including fertility (Year 11 Hormones topic) , and the potential impact of lifestyle on fertility for men and women and menopause (Yr 11 hormones). 	11 9	Biology RSHE TENTEN: Fertility and contraception	Term 2 Lent 2
	<ul style="list-style-type: none"> that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others. 	10	RE: Concept of Sexual Relationships within marriage RSHE TENTEN: Feelings	Advent 2 Lent 1
	<ul style="list-style-type: none"> that they have a choice to delay sex or to enjoy intimacy without sex. 	8 11	Biology – Nerves and hormones	
	<ul style="list-style-type: none"> the facts about the full range of contraceptive choices, efficacy and options available (Year 11 hormones topic). 	9	RSHE TENTEN: Fertility and Contraception	Lent 2
	<ul style="list-style-type: none"> the facts around pregnancy (Yr 7 reproduction) including miscarriage (mentioned in passing in Yr 7 reproduction if member of staff is comfortable talking about it, often comes up in questions asked by students) 	7 8	Reproduction RSHE TENTEN: Before I was Born	Term 2 Lent 1
	<ul style="list-style-type: none"> that there are choices in relation to 	11	Biology – Genetics	Differs – see dept schedule



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	<p>pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion (mentioned in relation to embryo screening in (Yr 11 inheritance) for genetic disorders as a potential option should a disease be discovered) and where to get further help).</p>	8	and inheritance	Lent 1
	<ul style="list-style-type: none"> how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing. 	10	RSHE TENTEN: Before I was Born RSHE TENTEN: Pregnancy and Abortion	Lent 2
	<ul style="list-style-type: none"> about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment. 	10	Biology - NCD	Lent 2
	<ul style="list-style-type: none"> how the use of alcohol and drugs can lead to risky sexual behaviour. 	7 9 11	Biology – NCD	Lent 2
	<ul style="list-style-type: none"> how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment. 	7 9 11	PSHCE – Year 1	Pentecost 2 Pentecost 1 Lent 1 Lent 2
		10	Biology - NCD	



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Mental wellbeing	<p>Students should know</p> <ul style="list-style-type: none"> • how to talk about their emotions accurately and sensitively, using appropriate vocabulary. • that happiness is linked to being connected to others. • how to recognise the early signs of mental wellbeing concerns. • common types of mental ill health (e.g. anxiety and depression). 	<p>All</p> <p>8</p> <p>12</p> <p>8</p> <p>9</p>	<p>Sacred Space – World Mental Health Awareness Week Sacred Space - Anti-Bullying week Sacred Space Mental Health Awareness week RSHE TENTEN:Feelings</p> <p>SME</p> <p>PSHCE Year 1</p> <p>PSHCE Year 1</p>	<p>Advent 1</p> <p>Advent 2</p> <p>Pentecost 1</p> <p>Lent 1 Advent 1</p> <p>Pentecost 2 Lent 1</p>



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	<ul style="list-style-type: none"> how to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health. 	10	PSHCE	Mission Day
	<ul style="list-style-type: none"> the benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness 	12	SME	Advent 1
Internet safety and harms	Students should know			
	<ul style="list-style-type: none"> the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), 	7	RSHE TENTEN: My life on screen	Pentecost 1
		8	RSHE TENTEN: Think before you share	Lent 2
	<ul style="list-style-type: none"> how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is 	8	RSHE TENTEN: Think before you share	Lent 2
		7	RSHE TENTEN: My life on screen	Pentecost1



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	<p>targeted at them and how to be a discerning consumer of information online.</p> <ul style="list-style-type: none"> how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours. 	All 8	<p>RSHE TENTEN: Appreciating Difference Tough Relationship</p>	<p>Advent 2 Lent 2</p>
Physical health and fitness	<p>Students should know</p> <ul style="list-style-type: none"> the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress. 	7	<p>RSHE TENTEN: Self Esteem</p>	<p>Advent 1</p>
	<ul style="list-style-type: none"> the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardio-vascular ill-health (Yr 9 non-communicable disease and Yr 10 mass transport) 	9	<p>Science – Non-communicable disease</p>	<p>Varies – see dept schedule</p>
	<ul style="list-style-type: none"> about the science relating to blood (but could be added), organ (Yr 10 mass transport/Yr 11 Homesostasis separates only) and stem cell donation (Yr 11 inheritance) 	10	<p>Biology Mass Transport</p>	<p>Term 1</p>
		10	<p>Biology Mass Transport</p>	<p>Term 1</p>
		11	<p>Biology – Genetics and Inheritance</p>	<p>Term 1</p>
Healthy	Students should know			



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<p>eating</p>	<ul style="list-style-type: none"> • how to maintain healthy eating and the links between a poor diet and health risks (Yr 8 digestion and Yr 9 non-communicable disease), including tooth decay and cancer (mentioned in Yr 9 non-communicable disease but not v detailed) 	8	Science – Digestion and breathing	Varies – see dept. Schedule
		9	Science - NCD	As above
<p>Drugs, alcohol and tobacco</p>	<ul style="list-style-type: none"> • the physical and psychological risks associated with alcohol consumption (Yr 9 non communicable disease) and what constitutes low risk alcohol consumption in adulthood(but could be added to Yr 9 non-communicable disease) • the physical and psychological consequences of addiction, including alcohol dependency. • awareness of the dangers of drugs which are prescribed but still present serious health risks. • the facts about the harms from smoking tobacco (particularly the link to lung cancer)(Yr 9 non-communicable disease), the benefits of quitting and how to access support to do so. 	9	Science – NCD	Varies – see dept schedule
		7	PSHCE Year 1	Pentecost 2 Pentecost 2
		10	PSHCE Year 1	
		9	Science - NCD	Varies – see dept schedule



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Health and Prevention	Students should know			
	<ul style="list-style-type: none"> about personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics. (Yr 10 communicable disease) 	10	Biology communicable disease	– Autumn 2
	<ul style="list-style-type: none"> about dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist. 	7	PSHCE Year 1	Advent 1
	<ul style="list-style-type: none"> (late secondary) the benefits of regular self-examination and screening. 	9	PSHCE Year 1	Pentecost 2
	<ul style="list-style-type: none"> the facts and science relating to immunisation and vaccination.(Yr 10 communicable disease) 	10	Biology communicable disease	– Term 2
	<ul style="list-style-type: none"> the importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn. 	10	PSHCE Year 1	Lent 2



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Basic first aid	Students should know			
	<ul style="list-style-type: none"> • basic treatment for common injuries. 	9	PSHCE – Year 1	Pentecost 2
	<ul style="list-style-type: none"> • life-saving skills, including how to administer CPR. 	10	PSHCE – Year 1	Advent 1
Changing adolescent body	Students should know			
	<ul style="list-style-type: none"> • key facts about puberty, the changing adolescent body and menstrual wellbeing. (Yr 7 reproduction and Yr 11 hormones) 	7	Science	Varies – see dept schedule Pentecost 2
	<ul style="list-style-type: none"> • the main changes which take place in males and females, and the implications for emotional and physical health.(Yr 7 reproduction and Yr 11 hormones) 	11	Biology – nerves and hormones	
		Same as above for yr 7/11		