



St Nicholas Catholic High School RSHE 2020-22

Topic	Year Group	Learning Objective	Platform	Term
Intimate and sexual relationships, including sexual health	11	The facts about reproductive health, including fertility (Year 11 Hormones topic) , and the potential impact of lifestyle on fertility for men and women and menopause (Yr 11 hormones).	Biology	Term 2
	11	That they have a choice to delay sex or to enjoy intimacy without sex	Biology – Nerves and hormones	Lent 1
	11	That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion (mentioned in relation to embryo screening in (Yr 11 inheritance) for genetic disorders as a potential option should a disease be discovered) and where to get further help).	Biology – Genetics and inheritance	Differs – see dept. schedule



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	11	How the use of alcohol and drugs can lead to risky sexual behaviour.	PSHCE – Year 1	Lent 1
Physical health and fitness	11	About the science relating to blood (but could be added), organ (Yr 10 mass transport/Yr 11 Homeostasis separates only) and stem cell donation (Yr 11 inheritance)	Biology – Genetics and Inheritance	Term 1
Changing adolescent body	11	The main changes which take place in males and females, and the implications for emotional and physical health.(Yr 7 reproduction and Yr 11 hormones)	Biology – nerves and hormones	Term 2