



Continue your lifelong love of learning and personal development

Managing peer pressure and expectations



The Nature of Humanity



Discrimination



Consent – why it can be withdrawn at any time



Ethical decision making



Gender double standards and victim blaming



Emotional effects of sexual violence on both victim and perpetrator

Living in God's image



Love

Service and Sacrifice

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Principle of planning and preparing a range of healthy meals

How to seek help and advice



Characteristics and legal status of other relationships

Joining a wider community



Forming new relationships



Effects of drugs and alcohol on the body and mind

Manipulation of others for criminal gain

Possession and supply of illegal drugs



Basic First Aid

Emotional well-being



Dealing with the negative thoughts of self harm, suicide and depression

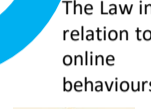


Contraception and natural family planning

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Tolerance and Peace

Sexual desire – develop a deeper understanding of healthy relationships grounded in commitment and respect



The Law in relation to online behaviours

Identification of online bullying – reporting methods



The online world and the real world – what is a realistic view?



Dental hygiene and the role in protecting against infection

Administer CPR



Importance of good quality sleep

Dealing with pressure and anxiety



Self examination for testicular or breast cancers

Purity and Holiness

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Innate dignity that comes with being a child of God



The Sacraments and priesthood

Exploitation and domestic abuse

The legal position on abortion and the risks associated. To understand the Church's teaching about abortion



Catholic Social Teaching – Moral questions

Consent – not just gaining permission, but choosing to honour and respect one another

Sanctity of life – abortion and euthanasia

Purpose of a family and raising children

Physical consent and sexual exploitation and human rights



My Body – Love People and use things

My body – the objectification and negative impact of casual sex, pornography

Authentic freedom – Virtue of chastity and self control

Fertility and contraception and natural family planning

Truth and Justice

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Forgiveness and Mercy

Control of choices – delay of sexual intimacy. - transmission of STIs

Rights and responsibilities

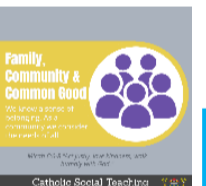


Think before you share

Respect for the wider world



Discussing rights as well as responsibilities



Control of my choices – difference between love and lust

Personal hygiene and its role in keep us safe



Volunteer to help out at Open Day as a guide or represent a department

The Search for love - Love people, use things

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Humility and Gentleness

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Living responsibly – The effects of their actions upon others



Health, Social Responsibility and out

Considering the thoughts and feelings of others



The teachings of Jesus – Good Samaritan and The Parable of the sheep and goat



My Body – the uniqueness of their God-given body

Exploring sexual attraction and sensual pleasure to help understand our feelings gifted from God

Emotional well-being – Articulation of one's identity including gender and sexuality



Keeping Safe – In our physical and online lives

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Dignity and Compassion

The gift of sexual intercourse from God for married couples as His

Exploration of the types of pressure

Understand the need for reflection to promote personal growth and the role prayer can have

Appreciate their deepest identity is in God

Good oral hygiene and dental health

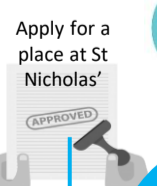
The journey of pregnancy

How the media can portray the human body and its stereotypes in a negative way

Personal Relationships – The different types

Prejudice and discrimination discussion

What contributes towards self esteem



Apply for a place at St Nicholas'

Develop resilience

Forge and develop friendships that will last a lifetime



Development during puberty through God's plan for them

Unique in person, body and soul; Created and loved by God

Be able to ask questions regarding your development

Experience the Primary school RSHE

PRIMARY SCHOOL