



SCHOOL NEWS

ST NICHOLAS CATHOLIC HIGH SCHOOL

28TH JUNE 2019

ISSUE 35—2018/19

DIOCESAN SECONDARY SCHOOLS MASS

Each year, students from the Diocesan schools, together with teachers, chaplains and parish priests come together to celebrate the school year with a community Mass. The Year 7 GIFT team represented St Nicholas Catholic High School at the event. This year, the Mass was held at St Columba's church in Chester and was celebrated by Bishop Mark Davies. The theme of the day was the Good Shepherd and Bishop Mark spoke about sheep needing to have somewhere to go towards. Our faith points us towards what is good and true and it is an excellent compass for life. We are also encouraged to see joy in the journey because we are travelling with, and are watched over by, a God who loves us.

After Mass, we were treated to a performance by RISE theatre group on the theme of Happiness and revisited the idea of being guided by and finding joy in our lives and then a workshop with the Shrewsbury Youth Mission Team on kindness and gratitude. So much to think about for the last few weeks of school and for the future.

FOCUS ON LOURDES – SNAPSHOTS ON LOURDES IN PREPARATION FOR THIS YEAR'S PILGRIMAGE

Our Lady of Lourdes is one of the most popular and beloved titles of Mary venerated in the Catholic Church and all over the world. On February 11, 1858, a young, French peasant girl named Bernadette was collecting firewood with her sister and a friend near a dumping ground in the town of Lourdes where they lived. Suddenly, Bernadette saw a beautiful maiden appear with a golden rosary, so she began praying the Rosary with the lady, not knowing who she was. The lady asked Bernadette to return to the Grotto, and after a while, she revealed herself as "the Immaculate Conception," which was a title unknown to Bernadette due to her lack of education. Indeed, very few people were aware of this title that had only recently been conferred on Our Lady. Following Our Lady's instructions, Bernadette dug in the dirt, where Mary told her a healing spring of water would be found. Shortly thereafter, pilgrims travelled to discover the veracity of this claim and many were cured of various physical ailments. Today, Lourdes is one of the most important pilgrimage sites for seeking healing.

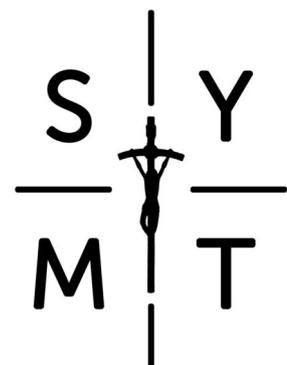
JESUS AT THE CENTRE

"Young people tell me things that I haven't thought of, or that I've partly thought of. The restless youth, the creative youth, I like them..!"

Pope Francis



*Mairie Gelling,
School Chaplain*



Spotlight on the PE Department

Sports Presentation Evening



SAM QUEK MBE

Olympic Hockey
Gold Medallist
Rio 2016



The Physical Education Department are hosting their Annual Sports Presentation which is an evening of celebration and a chance to acknowledge the contributions and achievements of our students in PE and extra-curricular activities.

This year we have the opportunity to listen to our fantastic guest speaker; Sam Quek MBE, Olympic Hockey Gold Medallist and former contestant in 'I'm a Celebrity, Get Me Out of Here'. Sam is a local athlete who grew up on the Wirral. We are delighted to have secured her to attend our Sports Presentation Evening and we look forward to hearing about her journey as an athlete.

The cost of the evening is £6.00 per person and the ticket price is used to pay for the guest speaker, a set meal and a drink, certificates, trophies and photocopying costs. The meal and drinks will be served from 5.30pm–6.15pm in the Dining Room. The presentation of certificates and awards will run from 6.15pm to approximately 8pm in the Sports Hall. Students who have represented school this year and their family members are very welcome to come and share in the celebration. Tickets will be available for purchase through PARENT PAY ONLY. The last day to purchase tickets will be *Friday 5th July*. Tickets will be used to redeem your food in the canteen prior to the presentation, so please do not forget to bring them on the night. Each student will need to purchase their own ticket to attend and will be allowed to purchase an additional 2 guest tickets. Any spare tickets will be released for purchase on Monday 8th July and close on Thursday 11th July.

Raffle tickets will be available to purchase on the night with all funds going towards the PE Department. We would also like to provide students with the opportunity to order and purchase TEAM photographs. Photographs will be available to order at the end of the evening at a cost of £3.00 per photograph. Order forms will be available on the night. Ideally we want payment to also be made on the night via cash or cheque (payable to St Nicholas Catholic High School). Please bring exact money only.

Dress code is smart/casual (no jeans) and we hope you are able to join us on this wonderful occasion.



Sports Day 2019

Sports Day 2019 has been postponed due to the Great British weather!! The new date is **Wednesday 3rd July.**

Students should come to school in their PE kit and be prepared for any weather condition with plenty of water and sunscreen. Students should also remember their dinner cards and blazers. The PTFA have kindly offered to provide ice lollies to all students over the lunch break. We hope that the day will be a resounding success.

Timetable of the Day

8.45 -9.15am	Registration in Form
9.15 – 9.25am	Move to running track
9.25 – 9.50am	100m finals
9.50 – 10.00	Whole School Warm Up
10.00–11.30	Complete 5 Events
11.30 -12.15	Lunch
12.15 – 12.20	Afternoon Form time (PTFA providing Ice Lollies)
12.20 - 2.15	Complete 5 Events
2.15 - 2.45	Boys and Girls Form Relays Staff Relay & Year 12 Tug-of-War
2.45 – 3.00	Presentation of Trophies and Results announced.
3.10pm	Dismissal from the field

Dorigatti & Pringle Memorial Tournaments

Two past students who both passed away following battles with cancer and leukaemia are remembered annually when the PE Department host World Cup Themed Football competitions in their memory. The Dominic Dorigatti and Stephen Pringle trophies serve to remember these students who were both keen sportsmen.

This year's tournaments will be held on **Friday 12th July** and they are also used as a reward for Key Stage 3 students who have handed in their sports day card and completed 5 events. There are 32 teams in each competition; therefore demand for places usually means that a draw for entry is necessary. This will take place on **Friday 5th July** at break time in the sports changing rooms. Only captains will be allowed in the changing rooms for the official draw.

To enter the draw the Captain must collect 50p from each of the 5 members of their team (£2.50 total) and seal the money in an envelope with the Captain's name and all team members clearly labelled. Each team must also highlight 1 reserve player who will only be used on the day if someone is absent or injured. Each team will be allocated a World Cup Country and will be able to design their own outfits for the competition.



Race For Life 2019



The PE Department are delighted to share that due to the Great British weather the Race For Life has been rescheduled for Monday 15th July. We are asking for a donation of £1 from students to partake in the 5Km event. Already we are aware of several students who have gone above and beyond with their fundraising for Cancer Research. If you still wish to make a donation, you can sponsor your child or donate to the just giving page -

<https://fundraise.cancerresearchuk.org/page/st-nicholas-catholic-high-school-1>

PTFA NEWS

ST NICHOLAS RIVER RUN 2019

On 21st September 2019, we would like to involve as many runners as possible, young and not so young, in promoting mental and physical health through participation in one of the simplest exercises possible-running. So, for those who have the running bug and for those who haven't yet, the events are as follows:

10km trail run – a chip timed event

5km trail run – a chip timed event

2km family fun run with fun run medal

There will be a bespoke blue bridge medal for finishers of the timed events.

Experienced or not, get your trainers on and give it a go!

We would also like to ask if anyone is willing to sponsor the event to please get in touch. We are looking for prizes, sponsorship of refreshment stations etc. To discuss possible sponsorship packages, please get in touch via:

ptfa@st-nicholas.cheshire.sch.uk

See our bookings website to secure your place:

<https://st-nicholas.niftyentries.com/St-Nicholas-River-Run-2019>



PTFA INVOLVEMENT

We are looking forward, with fingers crossed, to Sports Day on Wednesday, 3rd July and hope that our students will enjoy our ice lolly treat. We were delighted to be at the Year 7 Intake Parents' Information Evening, this Tuesday, to talk to parents and carers about the work we do, especially as so many expressed an interest in joining us to support the school. At the Year 6 Summer Disco on 12th July, we will be providing refreshments and there will be more time to talk to parents about the role of the PTFA and the valued contribution it makes to the school life of our children.

Period: 17.6.19 - 21.6.19

Weekly attendance update

%	Bernadette	Camera	John-Paul	Kolbe	Romero	Teresa	Vincent DePaul	Ward	Year Total
Year 7	100	97	99	98	100	97	99	99	99
Year 8	98	98	96	98	99	98	97		98
Year 9	98	94	98	94	91	96	97		98
Year 10	93	98	99	95	97	93	96	97	95
Whole School	97	96	98	96	97	96	97	97	98

*Data includes 96% of students in each form.

"Everyone Matters, so Attendance Matters."