



SCHOOL NEWS

ST NICHOLAS CATHOLIC HIGH SCHOOL

8TH MARCH 2019

ISSUE 22—2018/19

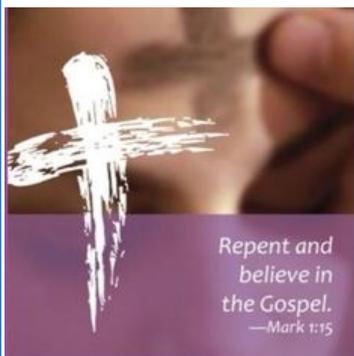
LENT

This Wednesday we celebrated Ash Wednesday and the start of Lent as a school community. All year groups attended a service of reflection where we considered the power of forgiveness in our daily lives; whether that is to forgive others or, sometimes, to forgive ourselves. Lack of forgiveness can be a great weight on our minds and our hearts and can stop us from growing into the people God wants us to be.

Along with forgiveness is the willingness, as the gospel call us to, to 'repent'. *Repent* is about changing our path, turning ourselves around to go in a different direction. And the good thing is that this can happen not just every day, but several times a day, if needed.

The students were invited to take the challenge to receive the ashes to symbolise to the world, that they knew that they were not perfect. There are great pressures on young people to think like that, not least the 'filter' that we can put on photos and social media. Realising how false this is can help us be realistic about our lives and situations. It was a very thought provoking start to the Lenten journey.

As we continue the journey toward Lent we hope that you will be able to join us at 5.00pm on this Sunday, 10th March, when we will celebrate our Community Mass at St Luke's RC Church in Frodsham. Refreshments will be served in the parish centre afterwards.



*Loving God,
you call us back to you with all of our hearts.*

*I feel your call for me deep in my heart
and I know you want me back as much as I want to return.*

Please, Lord, give me the wisdom to know how to return.

*Make my journey back to you this Lent one of grace, forgiveness
and gentle love.*

Amen

*Mairie Gelling,
School Chaplain*



THE DUKE OF EDINBURGH AWARD

On Saturday 2nd March 2019, Gold and Silver Duke of Edinburgh students completed a training day at Mold in Wales. Here the students learnt about how to map read, use a compass as well as how to identify key features in the environment. The students completed a walk up to the Moel Famau whereby they had lunch at the Jubilee Tower. Although very windy, it had breathtaking views. The students showed determination and enthusiasm and it has hopefully prepared them for the up and coming expeditions!

KEY DATES FOR DIARY

Gold Duke of Edinburgh:

Practice Weekend: 31st May 2019 – 2nd June 2019, Snowdonia
 Assessment Weekend: 30th August 2019 – 2nd September 2019, Snowdonia

Silver Duke of Edinburgh:

Practice expedition: 30th March – 1st April 2019, Peak District

Assessment: 31st May – 2nd June 2019, Snowdonia



WE DAY

On Wednesday 6th March, 12 Year 9 students travelled down to Wembley stadium to join over 12,000 students and teachers as part of the global WE movement. This is the second year students have attended the event which aims to inspire and engage young people in social action. The founders explain their purpose is to 'making doing good, doable'. This year the students were joined by the Duke and Duchess of Sussex, Nicole Scherzinger, Pixie Lott and Liam Payne. They heard inspiring stories of how people have been change makers in global and local issues such as knife crime, bullying and mental health. They were invited to make a stand for gender equality and make a difference in their local community and schools. One Year 9 student made the pact to 'help others who need it more to make a big difference to the world.' Last year the WE group took part in two campaigns, one against cyber bullying and the second about promoting numeracy in school. This year the group wish to tackle a global issue by taking part in a WE WALK for WATER campaign.



Period: 25.2.19 - 1.3.19

Weekly attendance update

%	Bernadette	Camera	John-Paul	Kolbe	Romero	Teresa	Vincent DePaul	Ward	Year Total
Year 7	98	96	99	99	99	97	97	98	98
Year 8	93	96	100	96	99	100	97		93
Year 9	96	98	100	97	89	99	95		96
Year 10	99	99	98	97	99	98	96	98	98
Year 11	97	99	99	98	100	99	99	99	98
Whole School	97	97	99	97	96	98	96	98	96

*Data includes 96% of students in each form.

"Everyone Matters, so Attendance Matters."

MUSIC NEWS

Thanks to all the performers who took part in our Music Festivals last week. Our partner primary schools arrived at school at 4pm and we then rehearsed before enjoying a tea of pizza and chips! By 6.30pm the hall was full to bursting with standing room only on both evenings! The audience were treated to a wide variety of music, including fantastic performances of songs from each of our partner primary schools which included some amazingly confident solos! Each performance was met with warm applause. The final piece of the evening "Make Your Own Kind of Music" was performed by every singer and musician, including the staff choir: approximately 160 on stage together! A huge well done to everyone involved. We're already looking forward to next year!

Change to rehearsals next week due to Choir Competition:

	LUNCHTIME	AFTER SCHOOL 1M/Assembly Hall
MONDAY	SINGFORMERS UKULELE CLUB	Staff Meeting - no rehearsal
TUESDAY	GCSE COMPOSITION AND PERFORMANCE	GCSE COMPOSITION AND PERFORMANCE
WEDNESDAY	String Ensemble CHOIR-(competition)	CHOIR (competition) DRUM SHED 3.15-4.15
THURSDAY	Vocal Harmony CHOIR (Competition)	SINGFORMERS
FRIDAY	CHOIR (competition) KEYBOARD CLUB	CHOIR (competition)



FRANCE

PARIS 2019

FRANCE

During February half-term twenty students and two staff travelled to Paris via Eurostar from London. The students were from Years 10, 11 and 12 and are studying Art or French at GCSE or A Level. The trip was a fantastic opportunity for students to visit world-renowned art collections and to experience the iconic monuments and architecture of Paris. The French students gained valuable experience of the French language and were able to use their language skills outside of the classroom in a real life context.

Mrs J Petts & Mrs V McEvoy



Sports

Day	Date		Fixture / Practice	Venue	Start Time	Pick up
Mon	11 th Mar	Girls	Sports Hall Athletics Finals Ellesmere Port Sports Village	Away	11.30am	4.30pm
			Staff Meeting			
		Mixed	Total Sport Club	Home	3.30pm	4.30pm
Tues	12 th Mar	Mixed	Indoor Rowing Competition Northwich Memorial Court	Away	1.30pm	4.15pm
		Girls	U15 Girls Indoor Cricket Tournament	Home	3.15pm	4.30pm
Wed	13 th Mar	Girls	Year 8, 9 & 10 Hockey v Middlewich	Away	3.15pm	5.30pm
Thurs	14 th Mar	Boys	Year 8 & 9 Rugby Training	Home	3.20pm	4.20pm
		Boys	Year 7 Rugby Festival @Knutsford	Away	TBC	TBC
		Girls	U13 Girls Rugby Tournament Crewe Vagrants	Away	1.30pm	5.00pm
		Girls	U15 & U16 Netball Tournament Winsford Academy	Away	3.15pm	5.30pm
Fri	15 th Mar	Boys	Year 8 Football vs Hartford	Home	3.20pm	4.30pm
		All	Run Club	Home	3.15pm	4.15pm
		Girls	Girls Football Club	Home	3.15pm	4.15pm

SKI TRIP - ITALY 2019

The sun shone all week after a smooth coach trip to Piancavallo, Italy. The skiers and boarders made excellent progress on the challenging slopes. Apres ski consisted of ice skating, roller coasting and sledging. Copious amounts of pasta, ice cream and pizza was consumed to keep the energy levels up. Students looked after each other in true St Nicholas style. With never a dull moment, all students made each other cry with laughter with funny stories and mishaps on the slopes. One student actually forgot to put their Salopettes on one day and walked onto the slopes! We hope that the students had a wonderful time and made memories for life. Can't wait for next year!



CRICKET SUCCESS

On Thursday 28th February, the Year 7 & 8 Girls Indoor Cricket team were crowned Mid-Cheshire Indoor Cricket Champions and have qualified for the County Finals on Wednesday 27th March at Bridgewater High School. We wish them all the best for the finals!



ROWING CLUB SUCCESS

Three St Nicholas students pictured below—Sophie Garlic, Lily Fisher & Hannah Middlebrook became North West Champions at the weekend and will compete again at the Nationals in April.



PTFA NEWS

Our next PTFA fundraising event is our Wine Tasting Evening hosted by DeFine Wine on **Friday 17th May**. Details on how to purchase tickets to follow soon.

Thank you to all those who have entered the T shirt logo competition for this new running event. The winner will be announced soon.



DATE ANNOUNCED FOR THE ST NICHOLAS RIVER RUN:



SATURDAY 21ST SEPTEMBER!

Please save the date! This will be a fantastic opportunity for parents and young people alike to get their trainers on and get involved with a running festival put on by the PTFA. There will be a 2km fun run, 5km event, or for the keen amongst you, a 10km trail run. Watch out for more information on this.

Our next PTFA meeting is **Tuesday 12th March at 6.15pm** in school. If you arrive at school's main reception door and find you can't get in, please call either **07551 009783** or **07801 913746** and we'll come and open the door for you.

At this meeting, we will be looking at the strengths of the team, how we run the PTFA so more can be involved, and welcoming new members - particularly those who are Year 7 parents. We would like to share out the work and decide who would like to do what in the coming months. Our meeting is just an hour and we appreciate the effort involved in people coming into school. The funds raised by the PTFA do improve our children's school experience.

If you cannot make this meeting but would like to get involved, meet other parents, make new friends and connections, or if you can help out on social occasions, then please email Lisa Davies, the Treasurer at lisaandlenny@hotmail.com or call **07551 009783**.

If you have any ideas for an event that could be organised to raise funds for the school, please let us know.